

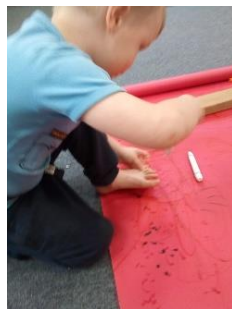
NEWSLETTER

6th February 2020



This week we have been taking part in Children's Mental Health Week. Set up by children's mental health charity Place2Be, the week highlights the importance of children and young people's mental health and well-being. At preschool we encourage everyone to explore their feelings and emotions and often talk to the children about the different feelings that they may be experiencing. We feel that it is especially important for the children to know that it is ok to not be ok and that they are allowed to be cross or upset if things have not gone to plan. We work with the children in groups or individually to give them the tools that they need to deal with their feelings and to enable them to begin to regulate their emotions. The children regularly take place in calming yoga or meditation sessions as a group as we encourage them to take time each day to just be still and themselves. We also appreciate the benefit of fresh air and exercise and enjoy getting outside with the children as often as possible in all weathers. If you would like to try out any of the yoga sessions that they children take part in please visit <https://www.youtube.com/user/CosmicKidsYoga>

Last Thursday we had an action packed afternoon of mark making with a small group of boys. A request for a really big piece of paper was met with the arrival of a roll of display paper and lots of excitement! Quickly they rolled out the paper and decided that they needed to find something to stop the paper rolling back up. Wooden blocks found, the boys were soon on their tummies drawing their pictures, taking turns to use the pens and talking about what they could draw next. By the end of the fun we had drawn houses, fire engines, a map of Long Buckby "our village", around our hands and feet (and Linda's) and even around Oliver!



Did you see the fantastic story written and illustrated by the children, scribed by Mary last week?



Valentines Disco – Sat 8th Feb, 2-4pm

2 sleeps to go. We are looking forward to seeing you at the Disco on Saturday. It's not too late to get your tickets from the office or on the door.

Registration Forms

Following the half term we will be making a start on our planning for Preschool's sessions for the next academic year. If you have younger siblings, or know of someone who is thinking of using Preschool from Easter onwards please encourage them to complete a registration form so we have a better idea of our future numbers. A copy of the registration form is enclosed.

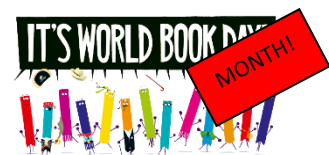
★ ★ ★ ★ ★ ★ ★ ★ Star of the Week ★ ★ ★ ★ ★ ★ ★ ★

Congratulations to Evelyn who was chosen as this week's Star of the Week. Evelyn received this for her excellent recall regarding an activity that she had taken part in several weeks ago, some fantastic role play in the home corner and for reflecting on her decisions. Well done!

Thank you to George and his family for sharing their pictures of Ollie Bear's week with them. It looks like he had lots of fun.

World Book Day

Don't forget that World Book Month will be launching on Monday February 24th. Children are welcome to dress up on World Book Day (March 5th) if they wish to join in with siblings at other schools but please do not feel that you need to purchase an outfit especially.



Current Co-Op Total



Our current total is £115.28

Allison Piotrowski, Preschool Manager

Hayleigh Butler, Chairperson

Dates for the Diary

Term 3

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|--------------------------|------------------|
| Sat 8 th Feb | Valentine Disco |
| Fri 14 th Feb | Preschool Closes |

Term 4

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|--------------------------|---------------------------------|
| Mon 24 th Feb | Preschool Opens |
| Mon 24 th Feb | Start of World Book Month |
| Thu 5 th Mar | World Book Day |
| Wed 18 th Mar | Wise Owl Mother's Day Afternoon |
| Fri 27 th Mar | Close of World Book Month |
| Thu 2 nd Apr | Preschool Closes |

Term 5

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|--------------------------|-------------------------------|
| Mon 20 th Apr | Preschool Opens |
| Fri 8 th May | Bank Holiday Preschool Closed |
| Fri 22 nd May | Preschool Closes |

Term 6

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|--------------------------|------------------|
| Mon 1 st Jun | Preschool Opens |
| Fri 17 th Jul | Preschool Closes |